



Shubhakshika Educational Society

Founded by Dr. Usha Bhatnagar

Annual Report
2023-2024

Our Mission

1. To empower and integrate the marginalized sections into the mainstream of society through education (formal/non formal/certified OBE - NIOS) skill training.
2. Social, economic, and emotional rehabilitation of women and children in vulnerable situations such as domestic abuse, substance abuse, beggary, crime, etc.
3. Healthcare for the needy.

Our Vision

Integrated and holistic development of the underprivileged sections of society

Executive Committee

- Ms. Pranshu Bhatnagar, Chairperson
- Ms. Kusum Virmani, President
- Ms. Ruchi Gupta, Vice President
- Dr. Sonika Thakral, Secretary
- Ms. Anita Sharma, Joint Secretary
- Mr. Paramjit Singh, Treasurer
- Mr. R.P. Aggarwal, Finance Controller
- Ms. Jayanti Chatterjee, Member
- Ms. Rita Daria, Member

Advisory Committee

- Sh. Harichand Aggarwal, Insecticides India Ltd.
- Sh. Om Prakash Aggarwal, Founder and Group Chairman, The Indogulf Group.
- Dr. Gyan Aggarwal, Chairman, Rajdeep Agri Products Pvt. Ltd.
- Sh. Ankit Goel, Founder and MD, Spaceworld Group.
- Sh. Raj Kumar Singhal, Businessman.
- Prof. Neelima Gupta, Professor, Deptt. of Computer Science, University of Delhi.
- Sh. Ravi Dadhich, Civil Servant.
- Sh. Sanjay Arora
- Sh. Rajat Prakash
- Sh. Sridhar

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Preface

Shubhakshika Educational Society, a.k.a. SES, is a non-profit organization that functions in Delhi under Societies Act 1860 (Regn, No. S-24419). SES, since its inception in 1993, has been steadfast in its dedication to improving the lives of underprivileged segments of society. Recognizing that change within families and communities begins with children, SES prioritizes supporting those in challenging circumstances such as begging, rag-picking, and child labour, aiming to transit them into safe and nurturing environments conducive to their growth and development. SES facilitates their rehabilitation through counselling, education, and provision of basic amenities like nutritious food, weather-appropriate clothing, medical aid, and vocational skills. It is our pleasure to present to the members, donors, and other stakeholders, an update about initiatives taken and expenses incurred by SES during the year 2023-24.

The year 2023-24 was full of learnings, growth and inevitable challenges that accompanied. We grew from a small family having about 80-85 children to a larger family with 130 children. This required a lot of planning, infrastructural upgradation and more resources. We introduced some new activities in our curriculum for children, engaged more staff, renovated our facilities which included upgradation and renovation of dilapidated washrooms, and redesigned our schedule to better utilize our facilities and handle the increased workload resulting from a growing number of children. We added a new dimension to our initiatives – uplift of women in our target areas - with a view to positively transform the lives of families as a whole. Also, we purchased a software *CharityERP* by Healerite Technologies Software to streamline donor management, enhance donor experience and bring in greater transparency in our operations. Another important measure taken by us was to phase out our de-addiction project over a period of 3 months (achieved by October 2023), to be reinstated at a later stage. This was done in alignment with the Advisory Committee's recommendation (and the Executive Committee's ratification) in July 2023 to consolidate our efforts and resources on our project for children in vulnerable situations for the time being. Our project for disadvantaged children emerged as the focal point of our community service initiatives and was named *Project Nirmaan*.

We would like to take this opportunity to express our heartfelt gratitude to the companies and individuals who have placed their trust in us and have **consistently extended financial aid and support** for the organization to fulfil its commitments towards the underprivileged sections of society. We also thank the **Spaceworld Group** for augmenting their generous contribution to SES's mission, which will greatly impact our efforts positively. We are grateful to **Bharat Vikas Parishad** in joining our efforts to wean some families off begging. Also, we are indebted to **ISKCON Dwarka** for accommodating our increased requirement of daily lunch (through *Prasadam*) resulting from an increase in the number of children. A very special thanks to **Mr. Pradeep Mittal, Municipal Councillor**, Ward 21, Rohini A, Municipal Corporation of Delhi, for his unwavering support. We thank Ms. Twinkle Kansal, Ms. Shubhsi, and Dayal Opticals India Pvt. Ltd. for their generous support in the repair and upkeep of our facilities to give a happy and safe environment to the children. We are grateful to Mr. Niraj Kansal for sponsoring the salary of two sports teachers. Our appreciation for individuals whose contributions enabled us to ensure daily nutrition through milk and fruits, weather-appropriate clothes, shoes, stationery, sanitation and other things necessary for the well-being of children. We also acknowledge the contributions made by volunteers from DTU, Amity University, Shaheed Sukhdev College of Business Studies, and other institutes. Last, but not least, we are forever indebted to Dr. Usha Bhatnagar, the founder of Shubhakshika Educational Society, for her constant and tireless efforts in running the show and making the ends meet.

New Initiatives

Women Empowerment

In observation of the fact that supporting disadvantaged children cannot be achieved in isolation, and that their families need to be uplifted as a unit, we decided to channelize a part of our bandwidth and resources to women empowerment. We have commenced a pilot project for women in Shahbad Dairy, that we plan to grow as we learn. The project, named **Sashakta Naari**, is focussed at inculcating confidence and self-respect in women, equipping them with the necessary awareness and knowledge to deal with issues like domestic violence, family planning and addiction in families, and possibly generating employment for them. We plan to achieve this through workshops and community awareness programs. Two women volunteers from Shahbad Dairy have been engaged (on a paid basis), who would be our torch-bearers for the project. The volunteers shall be duly trained for the task.



Counselling session on Drug Abuse, Women Literacy and Computer Education (Feb 24, 2024)

Peer-learning sessions

Almost all the children we engage find no support or motivation at their homes for studies or their growth as individuals. Recognizing a significant necessity for supplementary assistance, we introduced peer-learning sessions in the daily schedule of children. Facilitators, other than the mentors who take usual classes, have been hired to guide the children during peer-learning sessions which provide them a platform to learn through mutual support, exchange of ideas and discussions. While currently the peer-learning sessions are being attended only by children pursuing their education at our centre, we plan to extend this opportunity (in the new session) to children who are admitted to schools after being rehabilitated through our intervention.



Launch of a Magazine

Inspired by the poem of a student, the management decided to start a children magazine *Meri Kalam Se*. Magazine is an excellent means of inter-personal communication and self-expression. The children excitedly welcomed the project and contributed articles written by their small hands. Two issues were brought out in 2023-24. Below is the cover page of one of the issues created by another student



Umbrella Activities and Amenities

Education

Education is paramount to empowerment, and every child has the right to education under the Right to Education Act 2009. We are an accredited centre of National Institute of Open Schooling for certification programme for class 3, 5 and 8. Every entrant into Shubhakshika, who stays at any of our centres during the day, is by default enrolled for non-formal education with us. Children who possess necessary documents and enrol with us timely are registered for NIOS Open Basic Education (OBE). The rest are prepared for the next class at our centre.

Health

Most of the children who come to us are malnourished; some of them even suffer from unattended medical problems. We organize regular health check-up camps for the children and also attend to cases requiring individual medical attention by approaching govt./private hospitals; we also bear the cost of medicines if not available for free. Health records of children are maintained and updated on a monthly basis.



Health Camps Organized in Collaboration

Date	Purpose	Collaborator	No. of Children Examined	Action Taken
10-04-2023	Blood-group identification	Shivam Hospital	45	Blood group record maintained
28-10-2023	Eye Check-up	Lions Club	81	Spectacles for 4 children and 2 staff sponsored by the Lions Club
21-01-2024	Full Body check-up	Mankind Pharma	53	De-worming tablets given to every child.

- Number of children with minor illnesses provided medical intervention: **229**
- Number of children with serious health issues provided medical intervention: **33**

Nutrition

In order to ensure that children receive their daily intake of nutrition, we provide nutritious meals - breakfast comprising milk, egg and fruit; well-balanced lunch including dal, rice, vegetables, chapati; healthy evening snack.



Children relishing lunch



Children enjoying their breakfast

Counselling and Behavioural Therapy

The children in vulnerable situations and/or neglected by families tend to develop a defiant, aggressive and belligerent attitude towards others, besides other behavioural issues. Low confidence, lack of self-worth, low self-esteem, anger issues, teenage dilemma, inability to concentrate are common observations in the children. Also, some children are found dealing with trauma due to a neglected childhood. Therefore, individual and group counselling of children is an indispensable component of our intervention. We have engaged a qualified counsellor for counselling the children. Besides, since all behavioural aberrations, usually originate from families and neighbourhood, it is imperative to contact and counsel the families parallelly, for which we conduct regular family visits and counselling programs.

A summary of the family visits conducted

Target Area	No. of Visits
Rohini Sectors 11, 17, 26, 27	13
Samaypur Badli	3
Shahbad Dairy	3



Group counselling for girls



Family counselling

Recreational Activities

We are committed to nurturing and supporting the holistic growth of children. Therefore, every child staying with us during the day gets access to various therapeutic and co-curricular activities including computers, sports, indoor games, dance, music, art and craft, street-plays etc.



Projects Undertaken

1. **Project for Disadvantaged children** (now named **Project Nirmaan**) at Basti Vikas Kendra, Amarjyoti Colony, Bawana Road, New Delhi-110042.
2. **Project Sashakt Naari** in Shahbad Dairy (F-block) for women empowerment (covered under the New Initiatives section).
3. **Prevention and Primary De-addiction** for children aged 6 to 16 years in Guru Teg Bahadur Colony, Rohni, Delhi-110089.
4. **Project Education**
5. **Vocational Training**

Project for Disadvantaged children

The aim of this project, being run since 2018, is to identify children in vulnerable situations and integrate them into the mainstream of society by providing care and protection, bringing about positive behavioural changes in them, imparting education, enabling them to sustain themselves in a dignified manner while creating value in their lives and transforming them into responsible citizens. We have been working in four areas in North-West Delhi, viz. Shahbad Dairy, Shahbad Daulatpur, Badli, and slums in Sector-11 Rohini inhabited by refugees from Pakistan.

In July 2023, Spaceworld generously pledged long-term financial support for 60 children, ensuring the sustainability of our project. Additionally, it was resolved to phase out the Drug De-addiction project over 3-4 months, allowing for the gradual transition of the cohort of about 20-25 children.

While our beneficiaries continued to include children facing various hardships such as begging, rag picking, neglect, and other distressing situations, we gave a new face to the project in November 2023 and named it **Project Nirmaan**. We started by strengthening the project in two dimensions – increasing the number of beneficiaries and improving the intervention. Having taken more than 130 children (as against about 60-65 children) under the umbrella of the project by March 31, 2024, we are now a much larger family. Also, we made focussed attempts to improve the intervention through various measures listed below:

- Extended duration of children's daily stay at our centre
- Enriched experience and exposure by incorporation of several new activities into their schedule, such as, sports, dance, music, computers, art and craft.
It is a pleasure to report the formation of a kabaddi team of 12 talented children, for whom a special practice session is held everyday from 6-9 am.
- **Peer-learning sessions** wherein children co-learn through discussions under the supervision of facilitators specially recruited for this purpose.
- Fortification of the pillars of the project – mobilization, family counselling, counselling of children, education, health and hygiene, safe and happy environment. In particular, (i) individual counselling sessions for newly admitted children; adequate recording-keeping of counsellor's feedback; all concerned staff informed about specific issues requiring attention.



Kabaddi team

(ii) monthly group-counselling for every class aimed at personality development, confidence-building, character-building and inculcation of values.

- **Bal Panchayat**, a special initiative to inculcate leadership traits and judgement capabilities. This activity, conducted every Saturday, was thoroughly enjoyed by children

Additionally, with the idea of fully supporting the rehabilitation of inhabitants of one locality, we have decided to intensify outreach in Shahbad Dairy (F-block) to our full capacity in the next 3 years. As a first step, a short survey of the area was conducted to understand the demography.

A total of **217** children were enrolled for the project, out of which 86 dropped out, leaving a strength of **131**. Out of a total of 131 children, **28 were enrolled for NIOS**. The remaining **103 children were provided bridge education** at our centre, out of which 44 were promoted and 59 detained.

Many children enrolled for this project were into begging and rag-picking; some were at initial stages of substance misuse or experimentation. Most of the children were weaned off.

	Rag-picking	Begging	Drugs	Total
Indulged	39	27	15	81
Weaned off	30	18	10	58

Prevention and Primary De-addiction

Aimed at combating drug abuse among children aged 6 to 16, this project involved mobilization, aggressive counselling of parents, community engagement, and direct engagement with children. The program's scope extended beyond mere de-addiction, encompassing a comprehensive approach that involved continuous monitoring for at least six months to prevent relapses. However, sustaining the program posed significant challenges, requiring well-trained staff and adequate financial resources.



Children engrossed in a Bal Panchayat session



Some de-addicted children

The project was run in its full swing from April to July 2023 during the year 2023-24. Owing to the financial constraints faced by this NGO-led initiative, it was decided to phase out the project, which was accomplished by the end of October, 2023 after ensuring that the necessary intervention was administered for adequate duration to the children already enrolled. During its operational period, the program positively impacted **146 beneficiaries, who received bridge education** besides other amenities needed to wean them off addiction and provide them a happy environment. Notably, **12 children were successfully reintegrated** into school following one month of counselling, while **45 children managed to overcome drug addiction** and pledged to abstain from substance abuse. However, despite the promising outcomes, the project's monitoring phase could not be sustained due to the suspension of the program resulting from funding limitations.

Project Education

Non-formal education refers to any organized educational activity outside the formal schooling system. It includes structured programs that impart learning experiences but may not necessarily lead to traditional credentials or certifications; it plays a crucial role in addressing gaps in traditional education systems and promoting lifelong learning opportunities for all. Shubhakshika Educational Society runs an accredited centre named Rising Ray Education Centre which certifies, jointly with NIOS, the educational achievements of learners. The centre also provides facilities for bridge courses, short term learning facilities to diverse learners including adults. The children who enrol(ed) for the Project for Disadvantaged Children (now *Nirmaan*) or the Prevention and Primary De-addiction project, by default become beneficiaries of the non-formal education offered by SES. Besides, many children from outside enrol with Rising Ray Education Center to pursue studies through NIOS. The project impacted a total of **419 beneficiaries**, out of which 217 were from the Project for Disadvantaged Children (now *Nirmaan*), 146 from the Primary Drug De-addiction project and 56 were outsiders. Eighty-four of the beneficiaries were enrolled under OBE Scheme of NIOS and 60 learners passed the exams.

Progress Report of NIOS Students from Project *Nirmaan* (2023-24)

	Level A	Level B	Level C	Total
Enrolled	16	9	3	28
Appeared	9	6	2	17
Passed	8	4	2	14

Progress Report of NIOS Students from outside SES (2023-24)

	Level A	Level B	Level C	Total
Enrolled	23 (+1)*	12	21	56 (+1)*
Appeared	18	9	20	47
Passed	18	8	20	46

Note: Levels A, B, C refer to Classes 3, 5 and 8 respectively (as per NIOS nomenclature)

*One student, who was enrolled last year, appeared for the exams this year

Vocational Training

Vocational Training in Beauty-culture in Collaboration with VLCC: The VLCC project, launched in 2022-23 is an effort to financially empower women above the age of 18 years. SES signed an MOU with Vandana Luthra Curls & Curves, an institute of national acclaim, to facilitate professional training in Beauty & Wellness for needy women and make them self-reliant. Most of the trainees from the 2022-23 batch received respectable employment or started working as free-lancers. Like last year, Shubhakshika continued with the Beauty and Wellness program for 12 female candidates to help them secure jobs after their training at VLCC. The subsidised fee of 15000 per candidate was paid by SES. We are grateful to 3B Healthcare, JRG Automotive Industries India Pvt. Ltd, Ms. Kamal Sachdeva, Ms. Shalini Prakash and Mr. Madhur, who supported the endeavour.



VLCC batch (8th September 2023 to 10th January 2024)

Candidates enrolled: 12
 Candidates dropped out: 02
 Candidates placed in parlours/other centres: 3
 Candidates self-employed: 3

Basic Computer Training at Shubhakshika: Besides 84 children from SES, computer training was arranged for 32 school-going children who lacked the resources to possess a computer. Two batches were run to cater to the morning and afternoon shifts of schools.

Workshops

Date	Topic
19-04-2023	Disaster Management
27-04-2023	Puberty Issues
04-05-2023	Ecosystem
20-06-2023	Road Safety (organized in collaboration with Delhi Traffic Police)



Children attending workshop on Disaster Management



Children attending workshop on Road Safety

Awareness Camps

Date	Place	Topic	Participants
06-05-2023	Shahbad Dairy	Education, Child Labour & Nutrition	56 families
24-06-2023	Refugee Cluster, Sector 11 Rohini	Education, Skills for Youth, Admission to Schools, Personal Hygiene and Nutrition	90 families
09-10-2023	Amar Jyoti Colony	Drug Abuse: Consequences, Prevention & De-addiction	47 families
24-02-2024	Shahbad Dairy	Counselling against Drug Abuse, Women Literacy and Computer Education	60 women



Outings and Picnics

1. Visit to ISKCON, Dwarka: Forty-four of our children visited the ISKCON temple in Dwarka, Delhi on May 16, 2023. The children explored the temple, sang and danced to the soft and enchanting melodies of Hari Bhajan, and enjoyed the delicious *Prasadam*. Also, a free medical check-up was organized for them by the temple.



2. Visit to Fire Station, Rohini Sector-14: Twenty-three children from our centre visited the Fire Station, Rohini (Sector-14), Delhi on May 20, 2023 for a session on fire-safety. A demonstration of first-aid for fire injuries was conducted by the fire station officials to make students understand the steps to be taken in case of fire incidents.



3. Visit to Bal Bhavan & The Zoo (09-03-2024)



Celebrations

The NGO celebrated important religious and national events to established a cultural connect with their fellow students and environment such as Independence Day, Republic Day, Diwali, Holi, Rakshabandhan, International Day Against Drug Abuse, International Womens' Day, World Laughter Day, World Environment Day, International Yoga Day, Teachers' Day,



Distribution

The NGO provides food, clothing, shoes, books and stationery, bags and any other item of their daily need. We are grateful to the contributors who generously supported the distribution of the said items in cash or kind.



Success Stories

Medical Success Stories

1. **K:** A nine-year old boy suffered from constant pain and recurrent bleeding from his ears, but was neglected as his mother had died, and father being a daily wager could not take care of him. The NGO staff attended to his problem and gave him proper treatment from Ambedkar Hospital, Rohini. He was also diagnosed with malnutrition. The NGO added eggs, bananas and roasted chana to his daily diet leading to a weight-gain of 600 gms in just 18 days. With proper medication and monitoring ensured by the NGO, the boy showed rapid recovery.
2. **R and K:** Both the girls often used to complain about stomach ache, headache, nausea and vomiting. The NGO took them to the Ambedkar Hospital where they were diagnosed with some puberty problems. With proper treatment the girls are now healthy and doing good.

Success stories of Counselling

1. **A:** **A** faced the issue of gender identity, maybe due to his abduction by a transgender in his childhood. **A**, a biological male, wanted to change due to the influence of the Transgender community who made him feel important. **A** began to open up through a series of personalised and family counselling session. He was always told that he was free to convert but only if he actually wanted. Now **A** has refused to convert and is focussed about his future.

2. **A:** A was found bagging at Badli metro station. He belonged to a family of professional beggars. It was a challenge to bring the child to centre but aggressive counselling and perseverance resulted in success. The NGO could not only change the child but also convinced his family to take up a respectable job. We generated the seed money for an e-rickshaw with the help of Bharat Vikas Parishad. The boy's father now owns and drives an e-rickshaw to earn his living.
3. **K:** K was a confident kid but he loitered with a group of boys taking alcohol and drugs. The conflict between his father's advice and friends' persuasion drove him to a suicidal state of mind. The personalized counselling sessions made him comfortable in his environment and slowly he gained self-confidence to believe in himself.



Competence Building of Staff

Details of Competence Building Workshops conducted for staff

Date	Topic	Description
21-04-2023	Child Psychology	This was an on-campus workshop conducted by our counsellor, Mr. Rachit Sharma in the presence of our honourable founder, Dr. Usha Bhatnagar and the teachers. He explained that it is important to know a child's physical, mental and emotional stance before introducing them to the curriculum.
31-08-2023	Juvenile Justice Act 2015	A workshop on the Juvenile Justice Act 2015 was conducted by Dr. Usha Bhatnagar for the knowledge and understanding of the staff about the rules and regulations that legally help in care and protection of children.
23-09-2023	Teaching Writing Skills to Slow Learners	This workshop was conducted by Ms. Shweta Sharma. She acknowledged the fact that teaching unwilling and average learners can be challenging, and shared some effective steps to handle such situations.
19-12-2023	Drug Abuse	This workshop was conducted to create awareness among the staff about the rapidly escalating problem of consumption of drugs by children. Statistics of children all over the world involved in drugs at a tender age was shared. Also, methods of rescuing children from consuming drugs were also shared.
03-02-2024	Teaching Methodology	This workshop for organized for teachers. Teachers gave a demonstration of their teaching in front of a panel. Various unforeseen situations that could occur at school and their possible solutions were discussed.
02-03-2024	Juvenile Justice Act, 2015 (Care and Protection of Children)	This workshop was conducted by Dr. Rita Singh. The main aim of this workshop was to make our staff aware of their rights and duties when they are working on the field with the underprivileged children.

Expenditures

RECEIPTS AND PAYMENTS ACCOUNT FOR THE YEAR ENDING 31.03.2024

RECEIPTS	AMOUNT	PAYMENTS	AMOUNT
axis bank	7,12,699.46	By salary	36,52,401.00
Bank of baroda	13,579.35	By Medical /Sanitation	32,314.00
Cash Balance	13,936.00	By Clothing	4,39,794.00
To Donation	60,76,826.00	By Electricity/ Internet/Telephone	1,89,203.10
To Misc. Income	11,000.00	By Transport	1,79,219.00
Bank by Interst	18,756.00	By Rent	4,40,160.00
To Beauty Culture (vocational traning)	2,000.00	By Repair & Maintenance	2,47,728.00
To NIOS Examination Fees	22,500.00	By Bank Charges	764.59
To Vocational Traning Fees	9,500.00	By Birthday Celebration	1,200.00
		By salay payable	2,88,931.00
		By expence payable	14,095.00
		by audit fees	23,600.00
		By Community out reach	1,000.00
		By Community work volunteer	7,000.00
		By Contingency	24,719.00
		By Capacity Building	49,614.00
		By Conveyance	11,030.00
		By Festival	63,983.00
		By Food	3,13,705.00
		By Infrastructure development	2,16,752.00
		By Maintainence of children	80,740.00
		By Miscellaneous exp.	21,373.00
		By Picnic and outings	42,990.00
		By NIOS examination exp.	26,366.00
		By Office Expenses	55,738.00
		By Postage & courier	59.00
		By Printing & stationery	1,900.00
		By Study material	61,342.00
		By Vocational traning	1,81,000.00
		By suspense	700.00
		Cash balance	31,634.00
		Bank of baroda	13,989.11
		axis bank	1,65,753.01
	<u>68,80,796.81</u>		<u>68,80,796.81</u>

Our Sponsors



3 B Healthcare Pvt. Ltd.



Lala Ram Gopal Trust

Our Centres

Basti Vikas Kendra, Gate No. 2, Amarjyoti colony, Shahbad Daulatpur,
Bawana Road, New Delhi – 110042

4/124, Block-J, Guru Teg Bahadur Colony, Sector-16, Rohini,
New Delhi-110089

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